- SKINNY MINI helps reduce cravings for food
- · SKINNY MINI increases energy naturally
- · SKINNY MINI helps increase metabolism
- · SKINNY MINI is 100% ephedra-free

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, take two capsules daily with 8 ounces of water. Individuals weighing under 150 lbs. may wish to begin use with one-half the recommended serving for the first week (one capsule per day). Use as part of a reduced fat diet and exercise program.

WARNINGS: Do not take in the evening. Do not exceed 4 capsules per day. Not intended for persons under 18 years of age. Do not use if you are pregnant or nursing or allergic to tyramine or chocolate. The recommended serving of this product contains about as much caffeine as a cup of coffee (100 mg) and should not be taken by individuals wishing to eliminate caffeine from their diet. Limit use of caffeine-containing medications, foods and beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat.

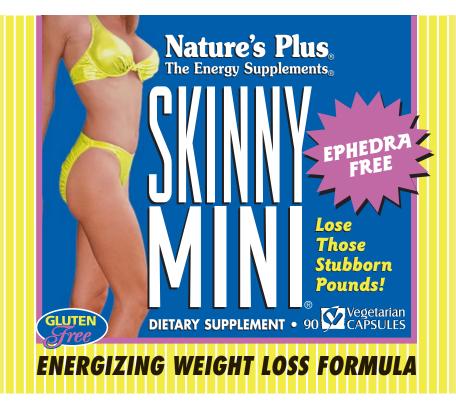
KEEP TIGHTLY CLOSED IN A COOL. DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Vcaps™ is a trademark of Capsugel®, a division of Pfizer, Inc.





Supplement Facts

Serving Size 2 Capsules Servings Per Container 45

Amount Pe	r Serving	%DV
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Chromium (as chromium polynicotinate,* chloride)	120 mcg	100%
Proprietary Skinny Mini Herbal Blend Guarana Seed‡, Spirulina, Cacao Fruit (<i>Theobroma cacao</i>) (Metabromine _m)‡, Green Tea (<i>Camellia sinensis</i> leaf)‡	620 mg	†
Rhodiola (<i>Rhodiola rosea</i> root) (with standardized rosavin, salidroside, polyphenols, beta-vicianosides, rosin and rosarin)	250 mg	t
CITRIMAX (<i>Garcinia cambogia</i> fruit extract, standardized 50% [50 mg] [-]hydroxycitrate)	100 mg	t
ForsLean® (Coleus forskohlii extract) (with standardized forskolin) 100 mg	t
Conjugated Linoleic Acid (CLA)** (standardized 1:1 c9-t11:t10-c12)	100 mg	t
Bioperine® (from <i>Piper nigrum</i> fruit) (standardized to 95% [0.95 mg] 1-piperoylpiperidine)	1 mg	t
†Daily Value (DV) not established.		· · · · · · · · · · · · · · · · · · ·

Other ingredients: Vegetable cellulose (USP), silica, natural color and purified water. Contains soy and milk.

±Standardized extract

Manufactured with LOVE ♥ by

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